

Asthma Check Service



The Asthma Check Service aims to help you get the most from your asthma or Chronic Obstructive Pulmonary Disease.(COPD) medicines.

What is the Asthma Check Service?

The Asthma Check Service is a free service, funded by the NHS, which involves having a private consultation of around 20 minutes, with the Pharmacist. The aim of the review is to help you better understand the medicines you take, how they work, what they do, as well as looking at your inhaler technique. It will also help your Pharmacist identify any problems you may be experiencing such as side effects or interactions with other medicines.

The Asthma Check Service forms part of a Medicines Use Review, which will look at all of the medicines you take.

The Asthma Check Service provides you with a great opportunity to:

- Ask questions about your medicines
- Discuss any worries you might have
- Enquire about any possible changes to your lifestyle

Asthma symptom check

Over the last 4 weeks...

- 1. Have you had any difficulty sleeping because of your asthma symptoms (including coughing)? (a) Yes (b) No**
- 2. Have you had your usual asthma symptoms during the day? (a) Yes (b) No**
- 3. Has your asthma interfered with your usual activities? (a) Yes (b) No**

Over the last week...

- 4. How many times did you use your reliever (blue) inhaler? (a) More than three times (b) Less than three times**

If you selected (a) in your answers on one or more occasion, your asthma may not be under control. If this is the case, please talk to your Pharmacist about our Medicines Use Review Service. This service can support you in keeping your asthma under control and reduce the effects of symptoms on your everyday life.

Arranging an appointment

The Pharmacist may be able to complete your Asthma Check Service consultation whilst your medicines are being dispensed. If this is not possible we can arrange a suitable time for you to come back.

A member of the pharmacy team may ask you to complete an 'Asthma symptom check' questionnaire. The Pharmacist will review your answers during your consultation and explore them further if necessary.